

The Tandem Club – International Rally 2017

Oberhausen/Nahe Germany

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**Upper Nahe Valley medium ride 68 km 42 m**

This ride takes you through villages of the Naheland into Kirn, a town on river Nahe. From there down the Nahe CP to Bad Sobernheim with nice cafes and back to Oberhausen.

No shops or cafés for the first 36 km (22 m) – so go prepared!

Map: Kompass „Hunsrück/Obere Nahe“ No 3061

Point	Total km	km	Instruction	Description
0	0.0		SO	Start at gate of campsite
1	0.5	0.5	TL	TL on Naheweinstraße and cross bridge
2	0.7	0.2	BR	BR after bridge and continue on CP on left side of rd
3	1.0	0.3	SO	pass restaurant Herrmannshöhle
4	1.6	0.7	TL	TL, pass under railway and follow rd that turns left – beginning of climb. Follow Nahe CP up to point 20
5	2.4	0.8	BR	BR, follow green arrow
6	2.8	0.4	TL	end of climb, TL and continue downhill – after enjoying the view
7	3.8	1.0	SO	cross railway
8	4.4	0.6	SO	pass restaurant Niederthaler Hof
9	4.6	0.2	TL	after bridge over railway
10	4.9	0.2	TL	TL at greenSP Bad Sobernheim 9,5 and yellow SP Boos 2 km
11	5.6	0.8	TL	TL at TJ and immediately right - greenSP Bad Sobernheim 8,8 Boos 1,8 – yellowSP Boos 1 km
12	5.7	0.1	TL	TL at junction and pass under railway and continue on CP alongside river Nahe
13	7.0	1.3	BL	BL on CP greenSP Bad Sobernheim 7,3 Staudernheim 4,1
14	7.7	0.7	SO	Herrenhof café and pub
15	8.6	0.9	TR	pass sewage plant and TR, green arrow
16	9.5	0.9	SO	pass branch-off to Glan-Blies CP on RHS (route to/from Meisenheim) green SP Bad Sobernheim 4,8 Staudernheim 1,8
17	10.2	0.7	SO	<b>Staudernheim</b>
18	10.3	0.1	SO	pass café Draisinenwirt 100 m to the right
19	10.6	0.3	BL/SO	BL and go up on bridge - greenSP Bad Sobernheim 3,2 Ortsmitte 0,6 pelican crossing
20	10.7	0.1	TL	TL onto bridge, cross river and into Staudernheim – leave Nahe CP
21	10.9	0.3	SO	Go SO as main street turns left – YellowSP Raumbach Abtweiler Street Hauptstraße
22	11.2	0.3	SO	Take a look at „Miele Kehl“ to the right – show room full of odd cycles and tandems!
23	11.8	0.6	SO	yellowSP Abtweiler 4 km, end of Staudernheim
24	15.5	3.7	SO	<b>Abtweiler</b>

Point	Total km	km	Instruction	Description
25	15.6	0.1	TR	TR at TJ, yellowSP Desloch 6 km Lauschied 3 km Bärweiler 4 km
26	15.7	0.1	SO	Yellow SP end of Abtweiler Meddersheim 8 km – road was closed for works on our last control ride! Go SO and try to continue on rd
27	16.3	0.7	<b>TR!</b>	<b>Deviation</b> if rd still closed: Be tough now: Follow the bridle path straight up – no SP no tarmac for 317 m! You will come up to a place called Hühnerhof („Chicken farm“) and there turn left (a rd sign says Abtweiler). You reach the rd again and TR to continue on the track.
28	17.4	1.7	SO	Yellow SP Bad Sobernheim 10 km Meddersheim 6 km
29	18.6	1.2	TL	TJ – Yellow SP Bärweiler 1 km
30	19.9	1.3	SO	<b>Bärweiler</b>
31	20.6	0.6	SO	end of Bärweiler yellow SP Hundsbach 4 km
32	21.6	1.1	SO	geological site „Langenstein“ on RHS
33	22.3	0.7	TR	TJ yellow SP Kirn 13 km Hundsbach 1 km
34	24.3	2.0	SO	<b>Hundsbach</b> – go SO through village
35	24.9	0.6	SO	end of Hundsbach yellow SP Becherbach 5 km
36	25.8	0.9	BR	TJ -yellow SP Becherbach Kirn – long ride TL here
37	27.3	1.4	SO	<b>Limbach</b> - follow winding main street through village
38	27.7	0.4	SO	end of Limbach yellowSP Heimweiler 2 km
39	30.7	3.0	SO	<b>Heimweiler</b> stay on main street until next point
40	32.1	1.4	TR	TR at TJ yellowSP Kirn 5 km
41	32.7	0.6	SO	end of Heimweiler yellowSP Kirn 3 km
42	35.4	2.7		big yellowSPSaarbrücken Idar-Oberstein Kirn
43	35.4	0.0	TR	TR and pass under bridge and BR
44	35.7	0.3	SO	<b>Kirn</b> - „suburb village“
45	36.7	0.9	BL	rd goes on bridge over tracks and river Nahe
46	36.8	0.1	<b>TR!</b>	immediately after bridge right before rdbt TR – greenSP Bad Sobernheim 17 Stadtmitte 0,5 – You are now on Nahe CP up to point 101
47	37.4	0.3	SO	SO across bridge – restaurants and cafes here
48	37.6	0.2	TL	TL into Übergasse
49	37.7	0.1	TR	greenSP Bad Sobernheim 16 Bahnhof 0,3
50	37.9	0.2	TL	cross street and take CP to continue homeward greenSP Bad Sobernheim 16 Hochstätten-Dhaun 3,7
51	38.9	1.0	BR	CP leaves street for a little while
52	39.3	0.4	SO	CP back alongside rd
53	39.3	0.1	SO	end of Kirn – pass Pia's favorite quarry (there's a waterfall when it rained before)
54	40.1	0.7	SO	the stone slope on RHS is a rare biotope with both ice age and mediterranean flora „Skywalk“ (viewing platform) on the hill ahead
55	41.0	0.9	SO	<b>Hochstetten-Dhaun</b> continue onCP on left side of street
56	41.4	0.3	TR	CP leaves main street and bears right – use pelican crossing green sign „Radweg“ (CP)

Point	Total km	km	Instruction	Description
57	41.5	0.2	TR	TR cross railway bridge and BL greenSP Bad Sobernheim 12 Martinstein 2,7
58	41.9	0.4	SO	Cyclist friendly beergarden to your left
59	42.1	0.2	SO	cross river Nahe and enter village <b>Hochstädten</b>
60	42.3	0.2	TL	TJ TL
61	42.6	0.3	SO	SO leave Hochstädten - yellow SP Martinstein 2 km
62	44.1	1.5	SO	after cemetary – greenSP Bad Sobernheim 9,5 Merxheim 2,0
63	44.5	0.4	TL	TL and cross rd continue on CP
64	45.1	0.6	SO	SO follow green arrow
65	45.4	0.3	SO	SO enter village <b>Merxheim</b>
66	46.1	0.7	TL	TL at TJ into Hauptstraße – greenSP Bad Sobernheim 7,5 Monzingen 3,5
67	46.1	0.0	SO	to your right „Landcafé“ in Großstraße 25 for a break
68	46.4	0.3	SO	at rdbt CP continue at 1 <sup>st</sup> exit – leave village on CP on RHS
69	47.6	1.2	SO	SO – greenSP Bad Sobernheim 6,0 Merxheim 3,0
70	49.4	1.8	SO	pass spa hotel
71	50.2	0.8	SO	<b>Meddersheim</b> – cooperative vinery with wine inn at RHS „Rheingrafenberg“
72	50.5	0.3	SO	SO through the village SP Bad Sobernheim
73	50.7	0.2	TL	TJ TL yellowSP Bad Sobernheim 3 km short route joins here
74	50.8	0.1	SO	cross stream on RHS and TL – follow green arrow – greenSP Bad Münster 23 Bad Sobernheim 2,8 -Italian restaurant at RHS (open Mun + Tue 5 pm Sat and Sun at noon) – Charging point for E-bikes at Gemeindesaal
75	51.3	0.5	SO	continue SO on CP – end of village
76	51.8	0.5	BL	BL to cross Nahe river continue on RHS of rd
77	51.9	0.1	BR	follow green arrows and continue on CP
78	52.2	0.3		<b>Bad Sobernheim</b> – follow green arrows
79	53.0	0.8	SO	continue on CP (green arrows) green SP Bad Münster am Stein 21 Staudernheim 3,9 - to enter town TL Bad Sobernheim: town with shops and restaurants, etc.
80	53.3	0.3	BL	BL and follow green arrow – to go to open air museum follow green SP <b>Freilichtmuseum</b> . BR, go up on the bridge, cross the river and go SO for 1,1 km (allow at least 1,5 hrs for this)
81	53.6	0.3	SO	SO after crossing small canal (Caution: narrow!)
82	53.8	0.3	SO / TL	cross under bridge, then TL and TR
83	54.5	0.7	SO	barefoot path to your right (caution: pedestrians SP cyclists dismount)
84	56.5	1.9	SO	go up and cross street/rd at pelican crossing village <b>Staudernheim</b> – greenSP Bad Münster am Stein 17 Bahnhof 0,3

Point	Total km	km	Instruction	Description
85	56.6	0.1	BR	BR follow green arrow - greenSP Bad Münster 17 Boos 3,9
86	56.9	0.3	SO	greenSP Bad Münster 17 Boos 3,6 café Draisinenwirt on LHS
87	57.7	0.8	SO	SO at cycle TJ – to your left the branch-off to Glan-Blies CP (route to Meisenheim) – green SP Bad Münster am Stein 16 Boos 2,8
88	58.5	0.8	TL	SP Herrenhof - TL and pass sewage plant
89	59.4	0.9		Herrenhof café and pub
90	60.1	0.8	BR	BR - village <b>Boos</b> to the left with roman remains (see information board to your right) greenSP Bad Münster am Stein14 Schlossböckelheim 2,7
91	61.4	1.2	TL	TL and pass under railway and TR onto rd
92	61.5	0.1	TR	yellowSP Bad Kreuznach 12 km, Schlossböckelheim 1 km
93	62.3	0.8	TR	yellowSP Niederhausen
94	62.5	0.2		cross railway bridge and continue
95	62.7	0.2		Hotel and restaurant Niederthäler Hof
96	63.4	0.6	BL	railway crossing
97	64.4	1.0	BR	top of LAST hill!
98	65.5	1.1	TR	TR and pass „tunnel“ under railway after tunnel TR onto Cycle path to Oberhausen - you leave Nahe CP!
99	66.1	0.7	SO	pass restaurant Herrmannshöhle
100	66.4	0.3	TL	TL onto cobble stone bridge
101	66.6	0.2		enter village <b>Oberhausen</b>
102	66.7	0.1	TR	TR into Bahnhofsstraße
103	67.1	0.5	End	End of ride at Gate Camping Nahetal
			<b>List of Abbreviations</b>	
			CP	Cycle path
			rd	Road
			TL	Turn left – with exclamation mark <b>TL!</b> = easy to miss!
			TR	Turn right – with exclamation mark <b>TR!</b> = easy to miss!
			SO	Straight on
			BL	Bear left
			BR	Bear right
			greenSP	white Signpost for cyclists, green writing, only number: Bingen 15
			yellowSP	yellow signpost for motorists, number + km: Oberhausen 1 km
			RHS	Right hand side
			LHS	Left hand side
			TJ	T-junction
			XR	Crossing
			rdbt	Roundabout
			SP	Signpost, sign