

The Tandem Club – International Rally 2017

Oberhausen/Nahe Germany

GPS file: ITR17\_FRI\_Short\_46k.gpx

**Upper Nahe short ride 46 km 28 ½ m**

This route takes you upstream through the villages of the Naheland, down to the **Nahe CP to Bad Sobernheim** and back to Oberhausen.

In Bad Sobernheim next to the cycle path is the **bare foot path**, a muddy attraction for families and other adventurers willing to cross the Nahe river on bare foot (allow min. 1 hr).

Alternatively you can visit the **open air museum in Bad Sobernheim** which shows traditional farms and houses situated in a quaint valley. This visit takes at least 1,5 hrs.

Map: Kompass „Hunsrück/Obere Nahe“ No 3061

| Poin<br>t | Total<br>km | km   | Instruction | Description   |
|-----------|-------------|------|-------------|---|
| 0         | 0.00        |      | SO          | Start at gate of campsite   |
| 1         | 0.46        | 0.46 | TL          | TL on Naheweinstraße and cross bridge   |
| 2         | 0.69        | 0.23 | BR          | BR after bridge and continue on CP on left side of rd   |
| 3         | 0.95        | 0.26 | SO          | pass restaurant Herrmannshöhle  |
| 4         | 1.61        | 0.66 | TL          | TL, pass under railway and follow rd that turns left – beginning of climb. Follow Nahe CP up to point 20        |
| 5         | 2.41        | 0.8  | BR          | BR, follow green arrow  |
| 6         | 2.80        | 0.39 | TL          | end of climb, TL and continue downhill – after enjoying the view  |
| 7         | 3.75        | 0.95 | SO          | cross railway   |
| 8         | 4.39        | 0.64 | SO          | pass restaurant Niederthäler Hof  |
| 9         | 4.63        | 0.24 | TL          | after bridge over railway   |
| 10        | 4.85        | 0.22 | TL          | TL at greenSP Bad Sobernheim 9,5 and yellow SP Boos 2 km  |
| 11        | 5.60        | 0.75 | TL          | TL at TJ and immediately right- greenSP Bad Sobernheim 8,8 Boos 1,8 – yellowSP Boos 1 km                        |
| 12        | 5.73        | 0.13 | TL          | TL at TJ and pass under railway and continue on CP alongside river Nahe   |
| 13        | 7.01        | 1.28 | BL          | BL on CP greenSP Bad Sobernheim 7,3 Staudernheim 4,1  |
| 14        | 7.74        | 0.73 | SO          | Herrenhof café and pub  |
| 15        | 8.60        | 0.86 | TR          | pass sewage plant and TR, green arrow   |
| 16        | 9.48        | 0.88 | SO          | pass branch-off to Glan-Blies CP on RHS (route to/from Meisenheim) green SP Bad Sobernheim 4,8 Staudernheim 1,8 |
| 17        | 10.22       | 0.74 | SO          | <b>Staudernheim</b>   |
| 18        | 10.31       | 0.09 | SO          | pass café Draisinenwirt 100 m to the right  |
| 19        | 10.58       | 0.27 | BL/SO       | BL and go up on bridge - greenSP Bad Sobernheim 3,2 Ortsmitte 0,6 pelican crossing                              |
| 20        | 10.67       | 0.09 | TL          | TL onto bridge, cross river and into Staudernheim – leave Nahe CP   |
| 21        | 10.93       | 0.26 | SO          | Go SO as main street turns left – YellowSP Raumbach Abtweiler Street Hauptstraße                                |

| Point | Total km | km   | Instruction | Description  |
|-------|----------|------|-------------|--|
| 22    | 11.21    | 0.28 | SO          | Take a look at „Miele Kehl“ to the right – show room full of odd cycles and tandems!   |
| 23    | 11.80    | 0.59 | SO          | yellowSP Abtweiler 4 km, end of Staudernheim   |
| 24    | 15.50    | 3.7  | SO          | <b>Abtweiler</b>   |
| 25    | 15.63    | 0.13 | TR          | TR at TJ, yellow sign Desloch 6 km Lauschied 3 km Bärweiler 4 km   |
| 26    | 15.69    | 0.06 | SO          | Yellow SP end of Abtweiler Meddersheim 8 km – road was closed for works on our last control ride! Go SO and try to continue on rd  |
| 26 a  | 16.34    | 0.74 | TR!         | Deviation if rd still closed:<br>Be tough now: Follow the bridle path straight up – no SP no tarmac for 317 m! You will come up to a place called Hühnerhof („Chicken farm“) and there turn left (a rd sign says Abtweiler). You reach the rd again and TR to continue on the track. |
| 27    | 17.38    | 1.69 | SO          | Yellow SP Bad Sobernheim 10 km Meddersheim 6 km  |
| 28    | 18.60    | 1.22 | TL          | TJ – Yellow SP Bärweiler 1 km  |
| 29    | 19.92    | 1.32 | SO          | <b>Bärweiler</b>   |
| 30    | 20.56    | 0.64 | SO          | end of Bärweiler yellow SP Hundsbach 4 km  |
| 31    | 21.17    | 0.61 | <b>BR!</b>  | At small crossing take tarmac field path that leads to a group of trees – small hiking sign on LHS.<br>Easy to miss!   |
| 32    | 21.64    | 0.47 | SO          | Langenstein geological site (no shops,no toilet, just stone) 200 m (200 yards) of dirt road ahead – small hiking sign on RHS   |
| 33    | 21.83    | 0.19 | TR          | TR at TJ on tarmac again hiking Sign Limbach Kirschroth  |
| 34    | 23.10    | 1.27 | SO          | highest point of ride and half of tour – enjoy the view (to the right lies the Rhine Valley and straight on you see the Hunsrück hills)  |
| 35    | 23.57    | 0.47 | TR          | XR Hiking sign Kirschroth 1,7 (cycle sign wheel (?))   |
| 36    | 24.79    | 1.22 | So          | TJ continue uphill (again...)  |
| 37    | 25.01    | 0.22 | BR          | TJ BR  |
| 38    | 25.34    | 0.33 | TL          | XR TL (hiking sign Kirschroth)   |
| 39    | 25.41    | 0.07 | SO          | YellowSP <b>Kirschroth</b>   |
| 40    | 25.78    | 0.37 | TR          | TR at XR (Hauptstraße)<br>– on RHS inn Gasthof Schlarb Sat + Sun open  |
| 41    | 25.88    | 0.1  | TR          | into Meddersheimer Straße and go SO  |
| 42    | 26.29    | 0.41 | SO          | end of Kirschroth – yellow SP Meddersheim 3 km   |
| 43    | 28.90    | 2.61 | SO          | <b>Meddersheim</b>   |
| 44    | 29.60    | 0.7  | SO          | XR yellowSP Bad Sobernheim 3 km – continue on street Sobernheimer Straße – butcher shop on LHS   |
| 45    | 29.74    | 0.14 | SO          | on RHS inn Traube: excellent traditional german food – allow some time (and money!)  |
| 46    | 29.84    | 0.1  | SO          | TJ - you are on Nahe CP again: Follow the green signs up to point 71 (railway tunnel)  |

| Poin<br>t | Total<br>km | km   | Instruction | Description  |
|-----------|-------------|------|-------------|--|
| 47        | 29.96       | 0.12 | SO          | cross stream and TL – follow green arrow – greenSP Bad Münster 23 Bad Sobernheim 2,8 -Italian restaurant at RHS (open Mon + Tue 5 pm Sat and Sun at noon) – Charging point for E-bikes at Gemeindesaal |
| 48        | 30.43       | 0.47 | SO          | continue SO on CP – end of village   |
| 49        | 30.95       | 0.52 | BL          | BL to cross Nahe river continue on RHS of rd   |
| 50        | 31.05       | 0.1  | BR          | follow green arrows and continue on CP   |
| 51        | 31.36       | 0.31 |             | <b>Bad Sobernheim</b> – follow green arrows  |
| 52        | 32.16       | 0.8  | SO          | continue on CP (green arrows) green SP Bad Münster am Stein 21 Staudernheim 3,9 - to enter town TL Bad Sobernheim: town with shops and restaurants, etc.   |
| 53        | 32.44       | 0.28 | BL          | BL and follow green arrow – to go to open air museum follow green SP <b>Freilichtmuseum</b> . BR, go up on the bridge, cross the river and go SO for 1,1 km (allow at least 1,5 hrs for this)          |
| 54        | 32.75       | 0.31 | SO          | SO after crossing small canal (Caution: narrow!)   |
| 55        | 33.01       | 0.26 | SO / TL     | cross under bridge, then TL and TR   |
| 56        | 33.71       | 0.7  | SO          | barefoot path to your right (caution: pedestrians SP cyclists dismount)  |
| 57        | 35.62       | 1.91 | SO          | go up and cross street/rd at pelican crossing village <b>Staudernheim</b> – greenSP Bad Münster am Stein 17 Bahnhof 0,3  |
| 58        | 35.72       | 0.1  | BR          | BR follow green arrow - greenSP Bad Münster 17 Boos 3,9  |
| 59        | 36.03       | 0.31 | SO          | greenSP Bad Münster 17 Boos 3,6 café Draisinenwirt on LHS  |
| 60        | 36.82       | 0.79 | SO          | SO at cycle TJ – to your left the branch-off to Glan-Blies CP (route to Meisenheim) – green SP Bad Münster am Stein 16 Boos 2,8  |
| 61        | 37.65       | 0.83 | TL          | SP Herrenhof - TL and pass sewage plant  |
| 62        | 38.55       | 0.9  |             | Cafe Herrenhof   |
| 63        | 39.31       | 0.76 | BR          | BR - village Boos to the left with roman remains (see information board to your right) greenSP Bad Münster am Stein 14 Schlossböckelheim 2,7   |
| 64        | 40.53       | 1.22 | TL          | TL and pass under railway and TR onto rd   |
| 65        | 40.66       | 0.13 | TR          | yellowSP Bad Kreuznach 12 km, Schlossböckelheim 1 km   |
| 66        | 41.42       | 0.76 | TR          | yellowSP Niederhausen  |
| 67        | 41.65       | 0.23 |             | cross railway bridge and continue  |
| 68        | 41.89       | 0.24 |             | Hotel and restaurant Niederthäler Hof  |
| 69        | 42.53       | 0.64 | BL          | railway crossing   |
| 70        | 43.52       | 0.99 | BR          | top of LAST hill!  |
| 71        | 44.64       | 1.12 | TR          | TR and pass tunnel under railway after tunnel TR onto Cycle path to Oberhausen - you leave Nahe CP!  |
| 72        | 45.30       | 0.66 | SO          | pass restaurant Herrmannshöhle   |
| 73        | 45.55       | 0.25 | TL          | TL onto cobble stone bridge  |

| <b>Poin<br/>t</b> | <b>Total<br/>km</b> | <b>km</b> | <b>Instruction</b>           | <b>Description</b>   |
|-------------------|---------------------|-----------|------------------------------|--|
| 74                | 45.75               | 0.2       |                              | enter village <b>Oberhausen</b>                                    |
| 75                | 45.82               | 0.07      | TR                           | TR into Bahnhofsstraße   |
| 76                | 46.28               | 0.46      | End                          | End of ride at Gate Camping Nahetal                                |
|                   |                     |           |                              |  |
|                   |                     |           | <b>List of Abbreviations</b> |  |
|                   |                     |           | CP                           | Cycle path   |
|                   |                     |           | rd                           | Road   |
|                   |                     |           | TL                           | Turn left – with exclamation mark <b>TL!</b> = easy to miss!       |
|                   |                     |           | TR                           | Turn right – with exclamation mark <b>TR!</b> = easy to miss!      |
|                   |                     |           | SO                           | Straight on  |
|                   |                     |           | BL                           | Bear left  |
|                   |                     |           | BR                           | Bear right   |
|                   |                     |           | greenSP                      | white Signpost for cyclists, green writing, only number: Bingen 15 |
|                   |                     |           | yellowSP                     | yellow signpost for motorists, number + km: Oberhausen 1 km        |
|                   |                     |           | RHS                          | Right hand side  |
|                   |                     |           | LHS                          | Left hand side   |
|                   |                     |           | TJ                           | T-junction   |
|                   |                     |           | XR                           | Crossing   |
|                   |                     |           | rdbt                         | Roundabout   |
|                   |                     |           | SP                           | Signpost, sign   |