

The Tandem Club – International Rally 2017				
Oberhausen/Nahe Germany			GPX file : ITR17_MON_Long_108k.gpx	
Meisenheim long 108 km / 67 m – this ride includes gravel passages! (5,3 km / 3,3 m)				
Climb the north Palatine hills and reach a „hidden gem“: the town of Meisenheim. Follow the scenic Odenbach cycle path gently upstream until after a descent you reach Otterberg with its Cistercian church. A long level passage through the valley of the Lauter stream takes you back to the river Glan. After passing a disused railway tunnel you come back to Meisenheim , one of the few towns here that weren't destroyed during the many french-german wars. On our way back we master a last gentle uphill leg with many views up to Duchroth and finally rush down to Oberhausen.				
Map: Kompass 3061 Hunsrück / Obere Nahe 3093 Pfälzerwald / Kaiserslautern				
Point	Total km	km	Instruction	Description
0	0.0	0.0	Start	Start at camping Nahetal Gate
1	0.4	0.4	TR!	TR into alley Kirchgasse (red cycle sign) – easy to miss
2	0.5	0.2	TL!	TL – easy to miss! no SP
3	0.6	0.0	TR	TR into Naheweinstraße (Main street)
4	0.8	0.2	TR	TR SP „Radweg nach Duchroth“
5	1.2	0.4	TL	TL at hairpin bend
6	2.2	1.1	TL	TL at T-Junction
7	2.5	0.2	SO	SO Duchroth Feuerwehr (fire brigade) on RHS
8	2.7	0.2	TL	XR TL (Weinbergstraße)
9	2.7	0.0	TR	TJ TR into Naheweinstraße
10	3.0	0.3	TL	TL into Montforter Straße – follow red Cycle sign
11	3.2	0.2	SO	XR follow Montforter Straße follow red cycle sign
12	3.5	0.3	TR	Keep Climbing – follow red cycle sign
13	4.4	0.9	TL	TL SP Montforter Hof
14	4.7	0.4	SO	View on LHS to Bad Kreuznach and to the Rhine Valley
15	5.5	1.2	TR	TJ no SP still uphill
16	5.8	0.3	TR	TJ TR -do not go to yellowy-greenish house on LHS (it's Dimrother Hof, we pass Heddarter Hof on RHS)
17	6.0	0.1	TL	TL downwards – no SP
18	6.2	0.3	TL	No SP
19	6.3	0.1	SO	SO into small hamlet Heddarter Hof
20	6.4	0.1	SO/BL	at bifurcation in hamlet
21	7.5	1.2	BR	TJ
22	7.9	0.4	BL	BL – TJ continue downwards
23	8.6	0.6		Odernheim
24	9.1	0.5	SO	XR – SO into Hauptstraße and through Gate „Obertor“: places to eat and drink, SPAR grocery
25	9.5	0.4	TL then TR	TL SP green Meisenheim 9,7 Bad Sobernheim 8,1 continue onto Bridge over river Glan – Beginning of Glan-Blies CP
26	9.6	0.1	TL	TL into Glanweg SP green Meisenheim 9,5 Rehborn 4,7 you are now on Glan-Blies CP up to point 50
27	9.8	0.2	SO	SO – cross tracks - Attention hand cars passing!
28	11.8	2.0		Beginning of strip rd
29	13.8	2.1	SO	SO – end of strip rd
30	13.9	0.1	TL	TL – cross tracks - Attention hand cars passing!
31	14.1	0.2		Rehborn
32	14.1	0.0	TR	TR – SP green Meisenheim 5,0 Raumbach 2,5
33	14.5	0.4	SO	
34	14.9	0.4		cross cobble stone bridge over River Glan
35	15.0	0.1	TL	TL at inn „Bitte ein Bit“ - red cycle Sign Meisenheim
36	16.6	1.6	TR	cross rail tracks onto small wooden bridge and cross rd pass village Raumbach and continue alongside rail tracks
37	17.7	1.1		public swimming pool at RHS
38	17.9		SO	Meisenheim

Point	Total km	km	Instruction	Description
39	18.5	0.8	SO	Former station of Meisenheim - SO to continue route green SP Lauterecken 11 Odenbach 3,5 public toilet in the wagon – TL if you wish to visit historic town centre
40	19.4	1.0	BR	greenSP Lauterecken 9,7 Odenbach 2,6
41	19.5	0.1	TL	cross bridge over river Glan and TR stay on foot path greenSP Lauterecken 9,6 Odenbach 2,5
42	19.7	0.2	TR	TR before cemetary (green arrow)
43	21.5	1.8	SO	junction at gardens - SO
44	21.7	0.3	SO	XR – SO
45	21.8	0.0		Odenbach
46	21.9	0.1	TL	greenSP Lauterecken 7,4 Ortsmitte 0,1 – Playground on RHS Start of Odenbach CP follow it up to point 75
47	22.0	0.1	BR	continue on main street
48	22.2	0.2	SO	SO at TJ
49	22.3	0.1	BL	stay on main street – green SP Otterberg 27 Adenbach 1,9 Wasserburg Reipoltskirchen 6,5 leave Glan-Blies CP - follow Odenbach CP up to the town of Otterberg
50	22.6	0.3	SO	CP on RHS - yellowSP Adenbach 2 km – end of Odenbach
51	24.0	1.4	SO	Adenbach stay on foot path
52	24.2	0.2	BR	across foot bridge, TL immediately after (green arrows) cross road and continue on CP on left side of rd
53	25.1	1.0	SO	across bridge continue on CP
54	25.5	0.3	TR	TR cross rd and continue SO
55	25.6	0.1	SO	CP ends continue on rd into Ginsweiler
56	26.2	0.6	SO	TJ – SO – yellowSP Otterberg 22 km
57	26.4	0.2	TR	TR greenSP Otterberg 23 Reipoltskirchen 2,0 then cross bridge
58	26.5	0.1	TL	hairpin bend – CP is the lower to the left
59	26.9	0.4	TR	green arrow continue on CP – pass hamlet Ölmühle
60	27.4	0.5	TL	cross rd follow green arrows on CP
61	28.8	1.4	SO	Reipoltskirchen
62	28.9	0.1	TR	green arrow
63	29.0	0.1	SO	SO at junction - green SP Otterberg 20 right side bakery!
64	29.1	0.1	SO	Open air art gallery
65	29.1	0.1	TL	TJ – TL green arrow
66	29.3	0.2	TR	follow green arrows - green SP Otterberg 20 Hefersweiler 2,0
67	30.3	1.0	SO	remains of roman „villa“ to your left
68	30.9	0.6	SO	cross bridge and ignore green arrow (don't take gravel path)
69	31.0	0.1	TR	TR on rd at hamlet Ingweiler Hof
70	32.1	1.1	SO	Berzweiler
71	32.4	0.3	SO	on CP again, continue through village Hefersweiler
72	32.9	0.6	SO	SO TJ yellow SP Otterberg 16 km Niederkirchen 3 km – (medium ride TR yellowSP Wolfstein 9 km)
73	33.1	0.1	SO	at XR SO - yellowSP Otterberg 16
74	33.6	0.6	SO	brand new CP on left side of rd – yellowSP Niederkirchen 3 km – end of Hefersweiler
75	34.3	0.7	TL	TL and cross bridge
76	34.5	0.1	BR	BR at dog training area „with dog abacus“ (Tilman)
77	35.6	1.1	SO	pass hamlet Bügenmühlerhof on CP
78	36.6	1.0	SO	Niederkirchen go through village following yellowSP Otterberg
79	36.9	0.3	TR	yellowSP Otterberg 14 km
80	37.0	0.2	SO	supermarket „Wasgau“ behind filling station
81	37.1	0.1	SO	CP on right side of rd – leave Niederkirchen
82	38.2	1.1	SO	old quarry to your right: rest bench, information boards

Point	Total km	km	Instruction	Description
83	39.5	1.3	SO	SO at TJ „Dörrhof“ (possible shortcut to Olsbrücken, point 127)
84	41.4	1.9	SO	Schallodenbach
85	41.8	0.4	SO	continue on CP left side of rd pass by rdbt – greenSP Otterberg 7,7 Schneckenhausen 2,1
86	41.9	0.1	SO	end of Schallodenbach yellowSP Schneckenbach 2 km – continue on CP
87	43.4	1.5	SO	continue on rd at rdbt, take 2 nd exit into village Schneckenhausen
88	43.9	0.5	TR	yellow SP Otterberg 5 km
89	44.1	0.2	SO	end of Schneckenhausen yellowSP Otterberg 5 km
90	44.4	0.3	SO	CP on LHS of rd
91	46.4	2.0	SO	car exit from left side caution!
92	46.5	0.2	TR	cross rd and continue on CP on fine gravel
93	47.1	0.5	SO	staggered Junction at pond – continue on tarmac CP alongside rd
94	48.6	1.5	SO	Otterberg
95	48.8	0.2	SO	staggered Junction
96	49.0	0.2	SO	CP ends continue on street Bergstraße then on main street
97	49.3	0.3	TR then TL	TR at XR „rdbt“ and immediately after TL into Kirchstraße – water flowing on left side!
98	49.4	0.2	SO	romanesque cathedral and former cistercian abbey at Kirchplatz – nice restaurants
99	49.5	0.0	TL	continue on Hauptstraße to go on
100	49.9	0.5	SO	to follow CP on nice and shady paths and secondary rds rdbt 2nd exit – yellowSP Otterbach Niederkirchen if you want to travel fast : rdbt 1 st exit into Hauptstraße– stay on main street and road B270 direction Wolfstein up to point 131 Olsbrücken
101	50.0	0.1	TR	into Otterstraße green SP Otterbach 3,1 Kaiserslautern 11
102	50.6	0.6	SO	CP on fine gravel trail on former railway with several barriers to pass
103	53.0	2.5		pass village Otterbach
104	53.9	0.9	TR	greenSP Wolfstein 19 Weilerbach 11
105	54.1	0.2		at rdbt 2 nd exit – CP on left side
106	54.2	0.1	TL	TL cross railway and TR
107	54.3	0.1		continue on gravel CP
108	55.2	0.9	SO	Otterbach-Sambach
109	55.5	0.3	SO	continue on tarmac, then on fine gravel again
110	56.6	1.1	SO	SO on tarmac - Katzweiler
111	56.8	0.2	TR	TR cross railway and TL immediately after surface of CP is very poor for 200 m, but B 270 rd can be very busy – decide for yourself whether to continue on B 270 up to Sulzbachtal (partly on CP alongside rd)
112	57.0	0.2	TL	TL cross railway – TR to leave CP and join main street/road
113	57.2	0.2	TR	TR TJ green arrow – join stream Lauter follow Lautertal CP up to point 153
114	57.9	0.7	TL	TL on right side of rd across stream Lauter and TR immediately on gravel path – brown sign Hirschborner Hof
115	58.3	0.5	SO	SO on tarmac again
116	58.4	0.1	BR	BR at football field
117	58.6	0.1	TL	TL behind football field – greenSP Wolfstein 14
118	58.9	0.4	BR	BR on gravel path
119	59.5	0.5		on tarmac again
120	59.6	0.1	TL	on CP alongside rd greenSP Wolfstein 13 Weilerbach ,8
121	59.8	0.2	TR	TR greenSP Wolfstein 12 Sulzbachtal

Point	Total km	km	Instruction	Description
122	59.9	0.1	TR	TR at TJ – green SP Wolfstein 12
123	60.3	0.4		cross rail tracks and continue on left side of tracks
124	61.2	0.9	SO	SO on fine gravel
125	61.6	0.4	TL then TR	cross railway and continue on tarmac in Sulzbachtal
126	61.8	0.2	TR	TR greenSP Wolfstein 10 Olsbrücken 2,2
127	61.9	0.1	SO then TL	on CP alongside rd yellowSP Idar-Oberstein 49 km Wolfstein 7 km
128	63.2	1.3	SO!	Olsbrücken CP alongside rd ends – go straight through village, ignore green arrows
129	64.0	0.8	TL	into street Bahnhofstraße at junction as street bends to the right
130	64.3	0.2	TR	station Olsbrücken (Bahnhof) greenSP Wolfstein 8,1 Kreimbach-Kaulbach 2,8
131	64.8	0.5	TR	before railway crossing
132	64.8	0.1	TL	cross B 270 and take CP alongside rd – end of Olsbrücken yellowSP Wolfstein 8 km
133	66.7	1.8	TR	cross railway and immediately after TR onto CP - green SP Wolfstein 5,7 Bahnhof 1,0
134	66.9	0.3	TL	Kreimbach-Kaulbach cross railway – take CP - greenSP Wolfstein 5,3 Ruthweiler 2,4
135	67.0	0.1	TR then TL	onto main street – follow green arrow
136	67.5	0.5	S	end of Kreimbach-Kaulbach yellow SP Ruthweiler 2 km
137	67.8	0.7	BR	BR before railway crossing (Caution: trench across of CP) greenSP Rutsweiler 1,6
138	69.0	1.3	SO	greenSP Wolfstein
139	69.2	0.1	BL	BL and BR green SP Stadtmitte 3,1 - Rossbach
140	70.7	1.5	TL then SO!	TL, cross railway and continue SO into street In Mühlhausen (alongside stream Lauter) ignore CP sign!
141	70.8	0.2	TL	onto CP before railway crossing
142	71.0	0.3	SO	SO CP-TJ SP Lauterecken 11 Stadtmitte 1,2
143	71.5	0.5	BR	BR cross railway BL continue past station (Bahnhof) greenSP Lauterecken 11 Stadtmitte 0,8
144	72.1	0.6	BL	BL cross railway and continue on CP between stream and tracks - greenSP Kaiserslautern 25 Lauterecken 10
145	72.7	0.6	SO	pass by factory and gear down (for chain gear drivers) fully down! (unexpected ascent, short but steep)
146	73.9	1.3	SO	Oberweiler-Tiefenbach green SP Lauterecken 8,5
147	74.5	0.5	SO	Tiefenbach
148	74.9	0.5	SO	as main street bends left greenSP Lauterecken 7,4
149	75.2	0.2	SO	leave Tiefenbach and continue on CP through unspoilt landscape for 3,4 km!
150	78.6	3.4	BL	BL into Heinzenhausen greenSP Lauterecken 3,7 Bahnhof 0,7 (medium ride joins here)
151	78.9	0.3	TL	XR yellow SP Kaiserslautern 30 km B270 green SP Lauterecken 3,4 Lohnweiler 1,4
152	79.2	0.3	TR	TR on CP before B 270 rd – green arrow
153	79.9	0.8	TL	into village Lohnweiler (by tunnel or just across the rd)
154	80.3	0.4	TR	into street Mühlacker green arrow
155	80.8	0.5	SO	leave Lohnweiler on CP
156	81.5	0.7	TR	Lauterecken TR and cross railway
157	81.8	0.1	TL	before bridge
158	81.9	0.3	TL	End of Lautertal CP Continue on Glan-Blies CP up to point 194 green SP Meisenheim 11 Stadtmitte 0,3
159	82.3	0.5	TL	onto bridge over river Glan Green SP Meisenheim 11 Bahnhof 0,4
160				cross Glan river and follow main street

Point	Total km	km	Instruction	Description
161	82.5	0.2	TR	TR before railway crossing (follow green arrow) – cycle shop with tandem on wall on LHS, Eiscafé on RHS
162	82.8	0.3	SO	pass railway station (Brauhaus Lauterecken – restaurant and cafe)
163	83.0	0.3	So	leave Lauterecken
164	83.6	0.6	TR	TJ no SP
165	83.7	0.1	TL	before sewage plant
166	84.2	0.5	BR	BR and continue on CP
167	85.1	1.0	SO	TJ green SP Meisenheim 8,6 Odenbach 4,4
168	85.4	0.2	BR	BR and continue over bridge river Glan - Medard
169	85.5	0.1	TL	after bridge – blue SP Sportplatz
170	85.9	0.5	SO	follow green arrow across small bridge
171	88.4	2.5	TL	TL at TJ, follow green arrow
172	89.0	0.6	SO then BL	across bridge
173	89.2	0.2	TL	at TJ into main street Odenbach - green SP Meisenheim 4,6
174	89.5	0.3	TL	TL at Rathaus
175	89.6	0.1	TR	TR on CP green SP Bad Sobernheim 20 Meisenheim 4,2
176	89.8	0.2	SO	at junction, no SP
177	91.6	1.8		Meisenheim pass cemetery and TL
178	91.8	0.2	TL	on CP alongside street
179	91.9	0.1	TL	TL across cobblestone bridge
180	92.0	0.1	TR	TR at TJ green SP Bad Sobernheim 18 Stadtmitte 1,8
181	92.1	0.1	BL	BL on CP alongside railway tracks you could continue on street into town but miss passage of railway station
182	92.9	0.8		cross tracks and continue on left side
183	93.0	0.2	SO	former station of Meisenheim SP Bad Sobernheim 17 continue on CP to get to Oberhausen campsite – public toilet in the wagon to have a look into town TL here
184	93.5	0.5	SO	cross street
185	94.8	1.3	SO	pass village Raumbach : cross street onto small wooden bridge -TR cross rail tracks and TL onto Cycle Path again
186	96.4	1.6	TR	TR at inn „Bitte ein Bit“
187	96.9	0.4		Enter village Rehborn
188	97.3	0.4	TL	greenSP Bad Sobernheim
189	97.5	0.2	TR	cross rail tracks and TR
190	97.6	0.1	SO	SO – Beginning of strip rd
191	99.6	2.0	SO	SO – end of strip rd
192	101.7	2.0	SO	cross tracks into Odernheim
193	101.8	0.1	TR	TJ Sp green Ortsmitte 0,4 – leave Glan-Blies CP, cross bridge
194	101.9	0.1	TL	yellow SP Meisenheim Rehborn green arrow
195	102.0	0.1	SO	yellow SP Bad Münster am Stein/Ebernburg Duchroth Street Duchrother Straße
196	102.3	0.3	SO	leave Odernheim yellow SP Duchroth 3 km
197	104.0	1.7	SO	scenic view on LHS „Hindenburgblick“
198	105.2	1.2	SO	Duchroth continue through village on main street
199	106.1	0.9	SO	leave Duchroth on rd – yellow SP Oberhausen 2 km – enjoy nice and fast downhill home
200	107.0	0.9	SO	Oberhausen
201	107.5	0.4	TL	TL into Bahnhofstraße
202	107.9	0.5		End of ride at Gate Camping Nahetal
			List of Abbreviations	

Point	Total km	km	Instruction	Description
			CP	Cycle path
			rd	Road
			TL	Turn left – with exclamation mark TL! = easy to miss!
			TR	Turn right – with exclamation mark TR! = easy to miss!
			SO	Straight on
			BL	Bear left
			BR	Bear right
			greenSP	white Signpost for cyclists, green writing, only number: Bingen 15
			yellowSP	yellow signpost for motorists, number + km: Oberhausen 1 km
			RHS	Right hand side
			LHS	Left hand side
			TJ	T-junction
			XR	Crossing
			rdbt	Roundabout
			SP	Signpost, sign