

The Tandem Club – International Rally 2017				
Oberhausen/Nahe Germany				
				GPX file: ITR17_MON_short_41k.gpx
Meisenheim short 41 km				
Cross the north Palatine hills and ride in the beautiful <b>Glan valley</b> leading you to a „hidden gem“: the town of <b>Meisenheim</b> , one of the few that weren't destroyed during the many french-german wars. On our way back we climb up to the vineyard Gut Herrmannsberg, we call it „The Domaine“ (manor). Have a look across Oberhausen before returning to the camp site!				
Map: Kompass „Hunsrück/Obere Nahe“ No 3061				
Point	Total km	km	Instruction	Description
1	0.0	0.0	Start	Start at camping Nahetal Gate
2	0.4	0.4	<b>TR!</b>	TR into alley Kirchgasse (red cycle sign) – easy to miss
3	0.5	0.2	<b>TL!</b>	TL – easy to miss! no SP
4	0.6	0.0	TR	TR into Naheweinstraße (Main street)
5	0.8	0.2	TR	TR SP „Radweg nach Duchroth“
6	1.2	0.4	TL	TL at hairpin bend
7	2.2	1.1	TL	TL at T-Junction
8	2.5	0.2	SO	SO <b>Duchroth</b> Feuerwehr (fire brigade) on RHS
9	2.7	0.2	TL	XR TL (Weinbergstraße)
10	2.7	0.0	TR	TJ TR into Naheweinstraße
11	3.0	0.3	TL	TL into Montforter Straße – follow red Cycle sign
12	3.2	0.2	SO	XR follow Montforter Straße follow red cycle sign
13	3.5	0.3	TR	Keep Climbing – follow red cycle sign
14	4.4	0.9	TL	TL SP Montforter Hof
15	4.7	0.4	SO	View on LHS to Bad Kreuznach and to the Rhine Valley
16	5.5	1.2	TR	TJ no SP still uphill
17	5.8	0.3	TR	TJ TR no SP
18	6.0	0.1	TL	TL downwards – no SP
19	6.2	0.3	TL	No SP
20	6.3	0.1	SO	SO into small hamlet <b>Heddarter Hof</b>
21	6.4	0.1	SO	SO
22	7.5	1.2	BR	BR – TJ
23	7.9	0.4	BL	BL – TJ continue downwards
24	8.6	0.6		<b>Odernheim</b>
25	9.1	0.5	SO	XR – SO into Hauptstraße and through Gate „Obertor“: places to eat and drink, SPAR grocery
26	9.5	0.4	TL then TR	TL SP green Meisenheim 9,7 Bad Sobernheim 8,1 continue onto Bridge over river Glan – Beginning of Glan-Blies CP – follow the green SP up to the town of Meisenheim
27	9.6	0.1	TL	cross tracks - Attention „hand cars“ passing on the tracks! There are several crossings until Meisenheim and you need to be careful: They can hardly brake! -
28	11.8	2.2		Beginning of strip rd
29	13.9	2.1	SO	SO – end of strip rd
30	14.0	0.1	TL	TL – cross tracks - Attention hand cars passing!
31	14.1	0.1		Enter village <b>Rehborn</b>
32	14.2	0.1	TR	TR – SP green Meisenheim 5,0
33	14.5	0.4	SO	
34	15.0	0.4		cross cobble stone bridge over River Glan
35	15.0	0.1	TL	TL at inn „Bitte ein Bit“
36	16.6	1.6	TL	cross rail tracks onto small wooden bridge and cross rd pass village <b>Raubach</b> and continue alongside rail tracks
37	17.8	1.1		public swimming pool to the right
38	18.0	0.2	SO	cross street

Point	Total km	km	Instruction	Description
39	18.5	0.5	TL	former station of <b>Meisenheim</b> (public toilet in the wagon) TL and cross tracks and pass barrier to get into historic town Return ride from Meisenheim to Oberhausen campsite starts here
40	18.7	0.2	BR	into street Saarstraße - cobblestone pavement
41	18.9	0.3	SO	Meisenheimer Hof, nice inn, nice food, but takes time and money
42	19.1	0.2	TL	continue past church
43	19.2	0.1	TL	into main street and pass historical market place and town hall
44	19.5	0.3	TL	pass Obertor gate and TL to place Rapportierplatz with italian ice cream parlour
45	19.7	0.2	TR	to leave town and get back to former station
46	19.8	0.1	SO	you pass the former jewish synagoge, one of the few that survived Nazi rage
47	19.9	0.2	TL	to reach former station
48	20.1	0.2	TL	former station of Meisenheim – start of return route cross tracks and TL greenSP Bad Sobernheim 21 Freibad 0,7
49	20.6	0.5	SO	cross street
50	21.9	1.3	SO	pass village <b>Raumbach</b> : cross street onto small wooden bridge -TR cross rail tracks and TL onto Cycle Path again
51	23.5	1.6	TR	TR at inn „Bitte ein Bit“
52	24.0	0.4		Enter village <b>Rehborn</b>
53	24.4	0.4	TL	SP green Bad Sobernheim
54	24.6	0.2	TR	cross rail tracks and TR
55	24.7	0.1	SO	SO – Beginning of strip rd
56	26.7	2.0	SO	SO – end of strip rd
57	28.7	2.0		cross tracks into Odernheim
58	28.9	0.1	TL	TL -TJ Spgreen Bad Sobernheim 7,9
59	28.9	0.0	TR	BR Kirchweg
60	29.4	0.5	SO	straight onto track
61	30.0	0.6	BL	CR
62	30.4	0.4	SO	tracks crossing
63	31.2	0.8	TR	TR hairpin bend SP green Bad Sobernheim 5,5 to visit <b>Disibodenberg</b> ruins of medieval monastery go straight on
64	31.7	0.5	SO	cross railway bridge over river Nahe and TR to get down on cycle path
65	31.9	0.2	TL	TL onto Nahe cycle path SP green Bad Münster am Stein 16 – follow Nahe CP up to point 76
66	32.7	0.8	TL	SP Herrenhof
67	33.7	1.0	SO	Cafe Herrenhof
68	34.4	0.7	BR	BR - village <b>Boos</b> to the left with roman remains (see sign to your right)
69	35.6	1.2	TL	TL and pass under railway tracks
70	35.6	0.0	TR	TR onto road SP Bad Kreuznach TJ
71	35.9	0.2	TR	SP Niederhausen
72	36.1	0.3		cross railway bridge and continue
73	36.3	0.2		Hotel and restaurant Niederthäler Hof
74	37.0	0.7	BL	railway crossing
75	38.3	1.3	BR	top of hill end of 2 <sup>nd</sup> climb
76	39.2	0.9	TR	TR and pass tunnel under railway after tunnel TR onto Cycle path to Oberhausen
77	39.8	0.6	SO	pass restaurant Herrmannshöhle

Point	Total km	km	Instruction	Description
78	40.1	0.3	BL	BL onto cobble stone bridge
79	40.2	0.1	SO	enter village <b>Oberhausen</b>
80	40.3	0.1	TR	TR into Bahnhofsstraße
81	40.8	0.5		End of trip at Gate Camping Nahetal
			<b>List of Abbreviations</b>	
			CP	Cycle path
			rd	Road
			TL	Turn left – with exclamation mark <b>TL!</b> = easy to miss!
			TR	Turn right – with exclamation mark <b>TR!</b> = easy to miss!
			SO	Straight on
			BL	Bear left
			BR	Bear right
			greenSP	white Signpost for cyclists, green writing, only number: Bingen 15
			yellowSP	yellow signpost for motorists, number + km: Oberhausen 1 km
			RHS	Right hand side
			LHS	Left hand side
			TJ	T-junction
			XR	Crossing
			rdbt	Roundabout
			SP	Signpost, sign